



STRESS MANAGEMENT AND MENTAL HEALTH CLINICS

Dear Bryan Polcyn:

It is unfortunate that I practice in a health field where anyone can say whatever they want about me and I cannot say anything about them. Licensed psychologists and all psychotherapists treat individuals with challenging mental health conditions and different personality types. These clinical circumstances make our careers exciting, challenging, and difficult. Unfortunately, due to HIPPA privacy and state mental health laws, I cannot clarify or explain anything about this particular case and therefore I cannot comment on any related reasonable issues or allegations.

I have had a great career over my 40 years as a clinician. In that time period, I have worked with over 4,000 clients. The clients who know me clinically-professionals and colleagues, as well as social and personal relationships all know the kind of person I am. I am an empathic, sensitive, caring, positive, creative, solution focused and a results oriented clinical therapist.

This specific clinical situation at hand and the larger mental health field in general have made me rethink my role as a licensed psychologist. Defending my positions in this case and handling two medical issues have been very challenging; I therefore retired my clinic ownership on 12/23/17. Also, I retired as a licensed psychologist in mid-April this year. I do know I am a skilled helper and a well-respected clinician. This case will not define the successful results that clients accomplished over my 40-year career. I am moving on fully with the support of my family, friends and colleagues.

Thank you all for your understanding the limitations to defend my position and decisions with my current and forthcoming changes. I wish everyone well who knows me and who I've counseled over my period.

Sincerely,

Craig Modell, PhD

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